

Parent and Family Websites

College Survival Guides. (2004). (CD-ROM)

Smart-Start- [A survival guide for first year college students \(And their parents too\).](#)

Nashville, TN: National Tape & Disc Corporation.

Making It Count: Parent Information Center. makingitcount.com

A Guide for Families of Commuter Students, by Cathie Hatch and Tracy Skipper (available at www.sc.edu/fye/publications/index.html)

The Healthy Student: Preparing for the College Years

www.adolescenthealth.org/The_Healthy_Student.pdf

Transition to College: Separation and Change for Parents and Students

<http://www.aboutourkids.org/aboutour/articles/transitions.html>

The Healthy Student: Preparing for the College Years

www.adolescenthealth.org/The_Healthy_Student.pdf

College Parents of America

www.collegeparents.org

The College Board

<http://www.collegeboard.com/parents/plan/getting.ready/50129.html>

Alcohol and Other Drugs: The Parent Connection

<http://higheredctr.org/parents>

Helping Your First-Year College Student Succeed: A Guide for Parents

www.nodaweb.org/Publications/parenthandbook.htm

Easing the Transition to College

<http://ur.rutgers.edu/medrel/viewArticle.html?ArticleID=3321>

Transition to College: Separation and Change for Parents and Students

<http://www.aboutourkids.org/aboutour/articles/transitions.html>

The Healthy Student: Preparing for the College

Yearswww.adolescenthealth.org/The_Healthy_Student.pdf

College Parents of America

www.collegeparents.org

<http://www.edc.org/hec/parents/>: Higher Education Center parent connection website

<http://www.collegeparents.org>: a membership organization for parents of college students

<http://www.reslife.net>: a comprehensive site for parents and students

<http://www.securityoncampus.org>: information regarding campus safety issues nationwide

The US Department of Education's site (www.ed.gov) provides a variety of information on education including information on financial aid and career planning.

www.collegeboard.com/parents/

www.ed.gov/pubs/Prepare/index.html

studentaid.ed.gov/PORTALSWebApp/students/english/index.jsp

www.nextstudent.com/parents/preparing_for_college.asp

Parent and Family Books

Compiled from NODA listserv suggestions: May 2007

Printed Materials of Interest to Parents & Families

133 Ways to Avoid Going Cuckoo When the Kids Fly the Nest: A Parent's Guide for Surviving the Empty Nest Syndrome By: Lauren Schaffer and Sandy Fleischl Wasserman

2,002 Ways To Cheer Yourself Up Cyndi Haynes (1998)

Almost Grown: Launching Your Child from High School to College By: Patricia Pasick

Bringing Home the Laundry: Effective Parenting for College and Beyond by Janis Brody

Campus Daze, Easing the Transition from High School to College George Gibbs (2000)

Caring for the Mind: The Comprehensive Guide to Mental Health By: Dianne Hales and Robert E. Hales

College of the Overwhelmed

The Debt-Free Graduate: How to Survive College or university Without Going Broke Murray Baker (2000)

Don't Tell Me What to Do, Just Send Money: The Essential Parenting Guide to the College Years by Helen E. Johnson and Christine Schelhas-Miller.

Doors Open from Both Sides [Margo Woodacre](#), [Steffany Bane](#) (2001)

An Educated Choice: Advice for Parents of College Bound Students [Frank A. Brock](#) (2002)

The Empty Nest: When Children Leave Home By: Shelley Bovey 1995

Empty Nest, Full Heart: The Journey from Home to College By: Andrea Van Steenhouse 2002

Empty-Nest Parenting: Adjusting Your Stewardship as Your Children Leave Home By: Richard M. Eyre 2002

A family guide to academic advising. Smith, Donald C. & Gordon, Virginia N. (2003). *National Academic Advising Association, National Resource Center for the First-Year Experience & Students in Transition*.

Getting Ready for College: Everything You Need to Know before You Go from Bike Locks to Laundry Baskets, Financial Aid to Health Care [Polly Berent](#), Foreword by [Robert Franek](#)

A Guide for Families of Commuter Students [Cathie Hatch](#), [Tracy Skipper](#)

Guide to the College Years, by Helen E. Johnson and Christine Schelhas-Miller

Helping Your College Student Succeed: The Parent's Crash Course in Career Planning. Harris, Marcia B., & Jones, Sharon L. (1996).Lincolnwood, Il.: VGM Career Horizons.

Helping your first-year college student succeed: A guide for parents. South Carolina: The National Resource Center for The First-Year Experience and Students in Transition. Mullendore, R.H. & Hatch, C. (2000).

How to Get the Most Out of College By: Nancy Schlossberg and Arthur Chickering

How to Help Your Teenager Find the Right Career [Charles Shield](#) (1995)

How to Survive and Thrive on an Empty Nest: Reclaiming Your Life When Your Children Have Grown by Robert Lauer (1999).

I'll Miss You Too: A Parent and Student Guide to Opening Doors and Staying Connected during the College Years, by Margo E. Bane Woodacre, and Steffany Bane. Sourcebooks Inc., 2005.

In addition to tuition: The parent's survival guide to freshman year of college. Borden, Marian Edelman, Burlinson, Mary Anne, & Kearns, Elsie R. (1995).New York: Facts On File, Inc.

The Launching Years: Strategies for Parenting from Senior to College Life By: Laura Kastner and Jennifer Fugett Wyatt

Lesson: Fable For Our Times [Carol Lynn Pearson & Kathleen Peterson](#) (2000)

Let the Journey Begin: A Parent's Monthly Guide to the College Experience By: Jacqueline MacKay and Wanda Ingram

Letting Go: A Parent's Guide to Understanding the College Years By: Karen Levin Cobum and Madge Lawrence Treger

Life during college: Valuable advice & tips for success. Virginia: Life After Graduation, LLC. Ricchini, J. & Arndt, T. (2002).

Millennials Go to College: Strategies for a New Generation on Campus by William Strauss

Millennials Rising [Neil Howe](#), [William Strauss](#), [R.J. Matson](#) (2000)

A new beginning: A survival guide for parents of college freshmen. (1998) McGarry, Kaye

A New Chapter: How Parents Fit Into Their Students' Lives at College. 8-page pamphlet published by PaperClip Communications

Once My Child, Now My Friend [Elinor Lenz](#) (1985) ISBN: 0446328804

Organizing a Ground Crew for Today's Helicopter Parents. Coburn, Karen Levin (2006). *About Campus*, July-August.

Parents' Guide to College Life: 181 Straight Answers on Everything You can Expect Over the Next Four Years, by Robins Raskin. Princeton Review, 2006.

A Parent's Guide to Sex, Drugs, and Flunking Out : Answers to the Questions Your College Student Doesn't Want You to Ask by Joel Epstein

The Parent Project: What parents want from the college experience. Turrentine, Cathryn; Shnure, Stacey L.; Ostroth, D. David; & Ward-Roof, Jeannine A.(2000). *NASPA Journal*, 38, 1, 31-43.

Rising Millennials Face Worldview Conflict by Shirley A. Carson

She's Leaving Home: Letting Go As Daughter Goes to College By: Connie Jones

Staying Connected Arnett, Jeffrey (2000). Emerging Adulthood: A theory of development from late teens through the twenties. *American Psychologist*, 55, 469-480.

Students and their parents: where do campuses fit in? Forbes, Karen J. (2001). *About Campus*, September-October, 11-17.

Tuesdays With Morrie [Mitch Albom](#) (2002)

The Truth About College: 50 Lessons for Parents Before They Start Writing Checks [Will Keim](#), [Will S. Keim](#) (1997)

The Ultimate College Survival Guide By: Janet Farrar Worthington and Ronald T. Farrar

When Hope and Fear Collide: A Portrait of Today's College Student [Arthur Levine](#) (1998)

When Kids Go Home: A Parent's Guide to Changing Relationships By: Barbara M. Newman and Philip R. Newman

When kids go to college: A parent's guide to changing relationships. Newman, Barbara M., & Newman, Philip R. (1992). _Columbus, Ohio: Ohio State University Press.

When Your Kid Goes to College; A Parents Survival Guide By: Carol Barkin

When Your Kids Go To College [Lucantoni N. Salvi](#), [Michael J. Hunt](#) (1994)

Why parents of undergraduates matter to higher education. Ross, Scott B. & Daniel, Bonnie V. (2001). *New Directions for Student Services*, 94, 1-89.

Words to Live By: A Journal of Wisdom for Someone You Love [Emily Marshall](#), [Kate Marshall](#) (2005)

You're on Your Own (But I'm Here if You Need Me): Mentoring Your Child During the College Years, by Marjorie Savage 2003

Chicken Soup for the Father's Soul

By: Jack Canfield, Mark Victor Hansen, Jeff Aubery, Mark Donnelly, & Chrissy Donnelly

Letting Go: A Parents Guide to Understanding the College Years

By: Karen Levin Coburn and Madge Lawrence Treeger

Don't Tell Me What to Do, Just Send Money

By: Helen Johnson and Christine Schelhas-Miller

Once My child, Now My Friend

By: Elinor Lenz

You're On Your Own (But I'm Here if You Need Me): Mentoring Your Child During the College Years

By: Marjoire Savage

When Your Kid Goes To College: Parents Survival Guide

By: Carol Brown